

Guide: Connect to video call via Zoom

Welcome to your Zoom meeting with Trygghetsfonden TSL! We are looking forward to telling you about the support available as you adjust and how we can help you find a new job, start studying or establish your own business.

This guide will show you how to connect to Zoom video calls either by telephone or online using your computer.



Connect to video call via telephone: page 2.



Connect to video call using your computer: page 7.

Before your video call

There are a few things you can do while you are waiting for your video call to begin. Here are a few tips on how to make the most of your video call.

- ✓ Find somewhere you can talk without interruption.
- ✓ Make sure you have an internet connection.
- \checkmark Ideally, use headphones with a built-in microphone if you can.
- It is a good idea to place your phone or computer on a table in front of you.

Connect to the video call via mobile phone

You will need:

- ✓ an iPhone or Android phone
- ✓ internet connection or mobile connection

How to connect to your video call using your phone

1. You will be sent a text message or an email containing a link. Click the link.



2. Select *Download* and the app will be installed free of charge. (You can also download the Zoom app directly from the App Store (iPhone) or Google Play (Android).



3. Re-open your text message and click the link again.



4. You will be directed to a waiting room.

When you see this image, it means you are in a digital waiting room and the Trygghetsfonden TSL advisor will let you in once the meeting starts.

🔆 Waiting for the host to start this meeting		11:27 🖬 🖻 🖬 🔹	N 18 *	
Meeting ID	361 071 4450		🕏 Zoom	Leave
Гime	This is a recurring meeting			
Date				
IF YOU ARE THE THIS MEETING	HOST, SIGN IN TO START			
	Sign In			
		Please wait, t	the meeting he you in soon	ost will let

5. Once you have entered the meeting, you will need to fill in your name and click *Continue* if you are using an *iPhone*, or OK if you are using Android



6. Select / Agree

<u>iPhone</u>

<u>Android</u>

Service and Privacy Policy.	the Terms of Service and Privacy
	Policy.
Terms of Service	Terms of Service
Privacy Policy	Privacy Policy
I Agree I Disagree	I Disagree I Agree

<u>iPhone</u>

Android

7. Select *OK* to connect your camera (only on iPhone. If you are using Android, you can skip to step 11).



8. Choose Join with video (only on iPhone)



9. Select OK to connect your microphone (only on iPhone)



10. Zoom will ask if you want notifications. Select Reject if you do not want notifications. (Only on iPhone)



11. Select *Call using Internet Audio* for iPhone, or *Call over internet* for Android.





<u>Android</u>



If your sound and video do not start automatically, click *Start video* and *Unmute*.



- Now you're all set up!

Connect to Zoom call via your computer

You will need:

- ✓ computer with webcam
- ✓ internet connection or mobile connection

How to connect to your video call using your computer

1. Open the email containing the link to the video meeting. Click the link.

Obligatorisk Sofia Lund	✓ Acceptera ✓
 den 14 oktober 2020 15:00-16:30 	0 Phttps://us02web.zoom.us/j/3610714450?pwd=eHRTYUs4R3dRVTQxOWFaQWRBTTR1QT09
Hej!	
Välkommen till ditt kartläggnin	geentel mod Trygghot foodoe TSL. Nedanför hittar du ditt mötesid för videomötet i Zoom.
Join Zoom Meeting	
Join Zoom Meeting https://us02web.zoom.us/j/36	10714450?pwd=eHRTYUs4R3dRVTQxOWFaQWRBTTR1QT09
Join Zoom Meeting https://us02web.zoom.us/i/36: Meeting ID: 361 071 4450	10714450?pwd=eHRTYUs4R3dRVTQxOWFaQWRBTTR1QT09
Join Zoom Meeting https://us02web.zoom.us/i/36: Meeting ID: 361 071 4450 Passcode: 678780	10714450?pwd=eHRTYUs4R3dRVTQxOWFaQWRBTTR1QT09
Join Zoom Meeting https://us02web.zoom.us/i/362 Heating ID: 361 071 4450 Passcode: 678780 One tap mobile	10714450?pwd=eHRTYUs4R3dRVTQxOWFaQWRBTTR1QT09
Join Zoom Meeting https://us02web.zoom.us/i/36; Meeting ID: 361 071 4450 Passcode: 6/8780 One tap mobile +46850500828,3610714450#,.	10714450?pwd=eHRTYUs4R3dRVTQxOWFaQWRBTTR1QT09

2. A white dialog box will open when you click the link. Click *Join from your browser* (if you are using Chrome, Firefox or Safari).



3. Enter your name and click Join

SOLUTIONS -	PLANS & PRICING	CONTACT SALES	SCHEDULE A MEETING	JOIN A MEETING	HOST A MEETIN
		Join a Meeting			
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		2000			

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zoom	SOLUTIONS 👻	PLANS & PRICING	CONTACT SALES	SCHEDULE A MEETING	JOIN A MEETING	HOST
			The meeting has not started			
			The page will refresh in 5 seconds, or reload the page now.			

5. Click Join Audio by computer, then Join Audio

	🥲 Phone Call	Computer Audio	×
	Join Audio	by Computer	
Safia Lund			
Join Audio	Participants Sh	nare Screen Chat More	Leave
—			

6. If the video doesn't automatically start, click Start video.

	🥲 Phone Call	Computer Audio	×
	Join Audio by	y Computer	
Join Audio Start Video	Participants Share	Creen Chat More	Leave

Now you're all set up!