

## Trygghetsfonden TSL, www.tsl.se

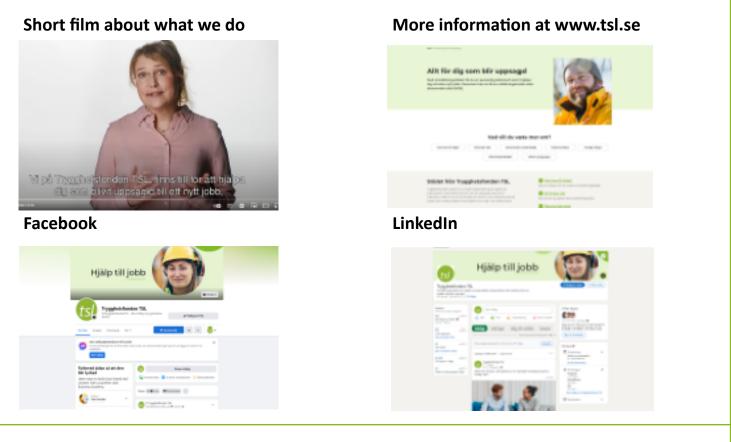
# If your contract has been terminated, we'll help you!

If your contract has been terminated due to shortage of work or illness, or after a fixed-term employment contract has expired, you can get help to find a new job through Trygghetsfonden TSL. We are a service based on an agreement between LO and Svenskt Näringsliv. Therefore, it is completely free of charge for you.

We can offer you one of Sweden's best job coaches who based on your particular situation supports you on the way to a new job, start your own company or maybe start studying. The job coaches know how to find jobs that you may not have thought of yourself and how to write a personal CV. You can also get support in contacts with authorities such as the Swedish So-cial Insurance Agency and the Swedish Public Employment Service. And it may be possible to get a short training in order to get a certain job. If you have reached the age of 40, there is also the possibility of financial compensation, known as severance payment.

It is your needs that guide us. When you are contacted by an advisor from Trygghetsfonden TSL, you will learn more about what the support can mean for you.

### **Useful links**



#### This is how it works

- 1. Trygghetsfonden TSL will contact you to talk about your situation and what support you can get
- 2. When you accept the support you will get your own job coach
- 3. The job coach supports you on the way to a new job, study or to start your own business
- 4. If needed, you may also have the opportunity to receive a short training
- 5. If you are over 40 years of age, you may be able to receive a severance payment (AGB)

#### In order to receive support

- permanent employment
- 12 months of continuous employment with one or more companies with collective agreements
- worked an average of at least 16 hours per week during a calendar month for at least 12 months out of the last 24 months.
- if your contract has been terminated due to shortage of work or illness, or after a fixed-term employment
- not yet turned 65

#### To receive a severance payment

- worked for at least 50 months in the last five years
- been employed by one or more companies that have AGB insurance
- been dismissed due to lack of work
- have turned 40 years old by the latest last day of employment

The severance payment is between SEK 38,870 and SEK 56,525. The amount depends on your age. You are responsible for applying yourself, but your job coach can also help you with the application. Your employer must sign the application before it can be submitted. More information and the application can be found at: <u>http://www.afaforsakring.se/avgangsbidrag</u>.